

## Disclaimer

You understand that the role of the Coach is not to prescribe or assess micronutrient or macronutrient levels; provide health care, medical services, or nutrition therapy services; or to diagnose, treat, or cure any disease, condition, or other physical or mental ailment of the human body. Instead, the Coach is a mentor and guide who helps clients set goals to improve their physical, mental, or spiritual well being. You understand that unless specifically specified herein, or in another coaching agreement the Coach is not acting in the capacity of a doctor, licensed dietician or nutritionist, psychologist, or other licensed or registered professional, and that any advice given by the Coach is not meant to take the place of advice by these professionals. You have chosen to work with the Coach and understand that unless specifically licensed to do so by the proper licensing board/authority, Coach is not licensed or trained to provide medical diagnoses. No information received from the Coach should be construed as a medical opinion or recommendation.

If you are under the care of a healthcare professional or currently use any prescription medication(s), you should discuss any new health regimen, dietary change, and/or the potential use of dietary supplements with your doctor, and you should not discontinue any prescription medications without first consulting your doctor. If you suffer from any medical or psychological conditions, you should consult with and receive approval from your healthcare provider before working with the Coach. The Coach is not intended to be a substitute for your family physician or other appropriate healthcare provider.